

The book was found

Swim To Win (Lorimer Sports Stories)



Synopsis

Birch Hill Swim Club has a new coach and the team's star swimmer, eighth-grader Lasha Boyko, couldn't be more excited. Even though the lanky swimmer comes from an immigrant Ukrainian family of modest means, she dreams big. The coach has a track record of producing Olympians and Lasha wants to be her next star. The hitch is that she's one of the fiercest trainers in world. To achieve her lofty goals, Lasha must look within herself to find the strength. Can she be a champion?

[Fry Reading Level - 3.5]

Book Information

Lexile Measure: 690L (What's this?)

Series: Lorimer Sports Stories

Paperback: 120 pages

Publisher: Lorimer; 1 edition (March 11, 2011)

Language: English

ISBN-10: 1552776662

ISBN-13: 978-1552776667

Product Dimensions: 5 x 0.5 x 7.8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â See all reviews Â (1 customer review)

Best Sellers Rank: #162,112 in Books (See Top 100 in Books) #23 in Â Books > Health, Fitness & Dieting > Exercise & Fitness > Swimming #50 in Â Books > Children's Books > Sports & Outdoors > Water Sports #327 in Â Books > Children's Books > Growing Up & Facts of Life > Fiction

Age Range: 9 - 13 years

Grade Level: 4 - 8

Customer Reviews

Do you have what it takes to get what you want? Do you even know what you want? And just how hard will you work to get it? Author Vallery Hyduk dives right into these questions in her young adult novel, *SWIM TO WIN*. Hyduk's background as a competitive national swimmer gives this story a realistic feel with her rich descriptions on training techniques and regimens. You can almost smell the chlorine as you follow the main character, 13-year old Lasha Boyko, through her grueling workouts. Lasha discovers that having the right mental attitude is even more grueling than the 2-hour practices and 3,000 meter swim workouts. That mental toughness forms the heart of this book as Lasha develops the heart of a champion. It's a poolside coming-of-age story. Through Lasha, Hyduk

explores how motivation, talent, work ethic, sacrifice, and family support are important influences for success. These are timely concepts for kids of all ages, abilities and interests. My 10-year old daughter enjoyed this story and it opened a discussion of these themes across the spectrum of her own young life. SWIM TO WIN is a win-win for all readers.

[Download to continue reading...](#)

Swim to Win (Lorimer Sports Stories) Swim, Duck, Swim! Swim, Boots, Swim! (Dora the Explorer) (Pictureback(R)) Goon Squad (Lorimer Sports Stories) Ice Time (Lorimer Sports Stories) Gold Medal Swim (Jake Maddox Sports Stories) Forward Pass (Lorimer Podium Sports Academy) Football: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Sports Illustrated For Kids Year In Sports 2007 (Scholastic Year in Sports) Microsoft Win32 Developer's Reference Library - (Microsoft Developers Library Win 32 BASE SERVICES (Microsoft Win 32 - Base Services) Heads I Win, Tails I Win: Why Smart Investors Fail and How to Tilt the Odds in Your Favor Habit 4 Think Win-Win: The Habit of Mutual Benefit (7 Habits of Highly Effective People Signature) Confessions of a Real Estate Entrepreneur: What It Takes to Win in High-Stakes Commercial Real Estate: What it Takes to Win in High-Stakes Commercial Real Estate Small Town Glory: The story of the Kenora Thistles' remarkable quest for the Stanley Cup (Lorimer Recordbooks) Summit Series '72: Eight games that put Canada on top of world hockey (Lorimer Recordbooks) Cyberbullying: Deal with it and Ctrl Alt Delete it (Lorimer Deal With It) Gaming: Deal with it before it outplays you (Lorimer Deal With It) Real Justice: Guilty of Being Weird: The story of Guy Paul Morin (Lorimer Real Justice) Safety Stars: Players who fought to make the hard-hitting game of professional hockey safer (Lorimer Recordbooks) Big Train: The Legendary Ironman of Sport, Lionel Conacher (Lorimer Recordbooks)

[Dmca](#)